

IMACI2026

13th Interstate Masters-Athletic Competition, Trnava , 8.8.2026

SCHEDULE

	Track	Throw	Jump	
10:00	5000 m M	Disk M	Pole vault M	10:00
10:30	5000 m W			10:30
11:00	3000 m Race walk M+W			11:00
11:15			Long jump W	11:15
11:30	100 m M	Shotput W Hammer M		11:30
11:45	100 m W			11:45
12:00	Opening Ceremony			12:00
12:45		Hammer W Shotput M	Long jump M Pole vault W	12:45
13:30	400 m M			13:30
13:45	400 m W			13:45
14:15		Disk W		14:15
14:30	1500 m M		High jump M Triple jump W	14:30
15:00	1500 m W			15:00
15:30		Javelin M		15:30
16:00	4x100 m M		Triple jump M High jump W	16:00
16:30	4x100 m W			16:30
16:45		Javelin W		16:45
17:00	4x400 m M			17:00
17:30	4x400 m W			17:30