

Zeitplan LM AK, U16, U18 Sprint

Freitag, 2. Juli 2021

Männer			Zeit	Frauen		
Lauf	Sprung	Wurf		Lauf	Sprung	Wurf
400m Hü		Kugel (AK, U16)	17:00	400m Hü		
300m Hü (U16)			17:30	300m Hü (U16)		
			17:50	200m (AK, U18)		
200m (AK, U18)	Stab (AK, U16)		18:00		Stab (AK, U16)	Kugel (AK, U16)
			18:20	80m Hü (U16)		
100m Hü (U16)			18:30			
			18:40	100m Hü		
110m Hü			18:50			
800m		Hammer (Alle Klassen)	19:00			Hammer (alle Klassen)
			19:05	800m		
1000m (U16)			19:10	1000m (U16)		
5000m			19:20	5000m		

Samstag, 3. Juli 2021

Männer			Zeit	Frauen		
Lauf	Sprung	Wurf		Lauf	Sprung	Wurf
300m (U16)	Weit (AK, U16)	Diskus (AK, U16)	16:00	300m (U16)	Hoch (AK, U16)	Diskus (AK, U16)
			16:10			
			16:20	400m		
400m			16:30			
			16:45	1500m		
1500m			17:00			
3000m (U16)	Hoch (AK, U16)		17:20	3000m (U16)		
		Speer (AK, U16)	17:30		Weit (AK, U16)	Speer (AK, U16)
			18:00			
100m (AK, U18, U16)			18:30	100m (AK, U18, U16)		
	Drei		19:00		Drei	
4x100m (AK, U18, U16)			19:10			
			19:20	4x100m (AK, U18, U16)		